

SAFETY TRAINING INSTITUTE

“Certifying staff for summer camp, parks and recreation, and youth programs since 1990!”

AT CAMP HOLLIS, OSWEGO, NY

JUNE 11 – 19, 2009

Archery Instructor Course Level I Basic (National Archery Association) will certify participants as basic archery instructors for camp/youth programs. All equipment provided (but participants are welcome to bring their own). Individuals must be at least 15 years old to take this class. **(June 13 and 14)**

CPR/AED For the Professional Rescuer (American Red Cross) covers CPR for the adult, child and infant; two-rescuer CPR; use of a bag-valve-mask resuscitator; the use of a pocket mask and an “AED.” This course will meet NYS Health Codes for any camp staff. **(June 12)**

CPR/AED For the Professional Rescuer Review (American Red Cross) *Students must have current certification.* ECC Guidelines have changed. New protocols will be reviewed and new skills will be demonstrated and practiced. All students are required to pass written and skill exams. Participants must bring their books and pocket masks (new books and masks available for additional charge). **(June 11)**

Camp Canoe Leader will instruct the basics of teaching canoeing and water safety to youth groups participating in camps and canoe trips. **Please contact our office concerning this training program.** **(June 13 and 14)**

Lifeguard/Waterfront Lifeguard Training (American Red Cross) includes course work in both pool and waterfront coverage, CPR for the Professional Rescuer, and First Aid (3 certificates issued). Students must be at least 15 years old to take the class and must pass pre-course screening. **(June 15 through 19)**

Responding to Emergencies (American Red Cross) will meet NYS Health Codes for camp medical staff, directors, trip leaders, etc. **(June 12 through 14)**

NEW THIS YEAR: Youth Sports Coaches’ Training (SUNY Youth Sports Institute) A comprehensive curriculum that prepares parents and other volunteers to become effective youth sports coaches. Participants will receive training in coaching techniques, communication skills, conflict resolution, managing parents, and team/practice organization tips. Minimum age for certification is 18 years old. **(June 17)**

For more information call:

Jim Farfaglia at (315) 349-3451 or email: jim@oswegocounty.com

Sponsored by

Oswego City-County Youth Bureau and American Camp Association of Upstate New York

COURSE SCHEDULE

			THURSDAY JUNE 11	FRIDAY JUNE 12	SATURDAY JUNE 13	SUNDAY JUNE 14
			<u>CPR/AED REVIEW</u> 5 PM – 10 PM	<u>CPR/AED</u> 8 AM – 4 PM	<u>ARCHERY INSTRUCTOR</u> 8 AM – 4 PM <u>CAMP CANOE LEADER</u> 9 AM – 5 PM	<u>ARCHERY INSTRUCTOR</u> 8 AM – 4 PM <u>CAMP CANOE LEADER</u> 9 AM – 5 PM
				<u>RESPONDING TO EMERGENCIES</u> 5 PM – 10 PM	<u>RESPONDING TO EMERGENCIES</u> 5 PM – 10 PM	<u>RESPONDING TO EMERGENCIES</u> 5 PM – 10 PM
MONDAY JUNE 15	TUESDAY JUNE 16	WEDNESDAY JUNE 17	THURSDAY JUNE 18	FRIDAY JUNE 19		
<u>LIFEGUARD TRAINING</u> 8 AM – 5 PM	<u>LIFEGUARD TRAINING</u> 8 AM – 5 PM	<u>LIFEGUARD TRAINING</u> 8 AM – 5 PM <u>YOUTH SPORTS COACHES’ TRAINING</u> 6 PM – 9 PM	<u>LIFEGUARD TRAINING</u> 8 AM – 5 PM	<u>LIFEGUARD TRAINING</u> 8 AM – 5 PM		

- OVER FOR REGISTRATION FORM -

SAFETY TRAINING INSTITUTE 2009

Name _____ Date of Birth _____
 (Only required if course has age minimum)
 Address _____
 Phone: Day _____ Evening _____ Cell _____

OVERNIGHT ACCOMODATIONS: Lodging in cabins on site is available. A cost of \$30 per night covers lodging and meals. To register for overnight, check the box below marked (*Resident Students*) and write in your additional costs.

COURSE	CHECK CLASSES DESIRED	AMOUNT OWED	
Archery Instructor Course Level 1 Basic		\$50.00	
CPR/AED for the Professional Rescuer		\$95.00	
CPR/AED for the Professional Rescuer <i>Review*</i> *Please provide copy of current CPR card		\$75.00	
Camp Canoe Leader		\$25.00	
Lifeguard/Waterfront Lifeguard Training		\$225.00	
Responding to Emergencies		\$105.00	
Youth Sports Coaches' Training		\$25.00	
Resident Students - \$30.00 Per Night) (Add total to "Total Course Fees" below)		\$30.00 (Per Night)	

TOTAL COURSE FEES \$ _____

ACA Members Deduct 5% from Total \$ _____

ACA Member No. _____ TOTAL FEES \$ _____

GRAND TOTAL \$ _____

Make checks payable to: Upstate NY Section ACA
Mail to: Oswego County Parks and Recreation, 70 Bunner Street, Oswego, New York 13126

NO REFUNDS MADE UNLESS COURSE IS CANCELED DUE TO INADEQUATE REGISTRATION!

Camp/Youth Program Affiliation _____

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____
 (If participant is under 18 years of age)

KEEP THIS PORTION FOR INFORMATION

REGISTRATION/PAYMENT INFORMATION

- All students must meet prerequisites listed in each description.
- Full payment must accompany the registration form. Registration is limited on a first come, first serve basis.
- Books will be available at the Institute or students can call 349-3451 to arrange getting them ahead of time.
- Lifeguard Training, Canoeing, and Archery registrants are required to fill out a **Liability Waiver** upon arrival.
- **ACA members may enroll at a discounted rate.**

MEALS/HOUSING RULES

- We will attempt to accommodate special dietary needs. Please call in advance for more information.
- Housing will be provided at Camp Hollis courtesy of the Oswego County Parks and Recreation (call for directions). Students will stay in cabins that are equipped with electricity/indoor plumbing in each unit.
- Resident students should bring a sleeping bag, warm clothes for evenings and all personal items.
- There is a **12:00 midnight curfew** for residential students.
- Minors (under 18 years old) may NOT leave campgrounds. Others wishing to leave campgrounds must sign in/out in camp office. All cars MUST be registered in camp office.